



**180 Ministries for Women and Women
Teen Challenge of the Rocky Mountains
812 Bates Canyon Rd
Erda, UT 849074**

Cost of Program Letter

Dear Prospective Student,

Thank you for taking the first step to getting help for yourself.

Teen Challenge is a 501c3 non-profit, faith-based program ministering to people with life controlling problems. 180 Ministries-Teen Challenge of the RM operates under the accreditation of Teen Challenge International and is independently governed by a local Board of Directors. It is not underwritten by any organization or agency.

It costs approximately \$2,700.00 per month to maintain each woman in the program. We realize that this is a substantial amount of money and most students entering the program need sponsors (such as family, friends, church, businesses) to support them.

Please read the attached Sponsor Letter and make as many copies as you will need to present to those who would be willing to sponsor you. As you receive commitments back please return as listed on the letter.

Upon entering the program we ask that you:

- Assist with fundraising projects while you are enrolled in the program.
- Pay a \$500.00 nonrefundable application/deposit fee before entering the program.
- Bring \$30.00 in cash to be used for emergencies.
- Pay first month's tuition of \$2,700.00 when entering the program and continue to pay monthly tuition online through the donate portion of www.180ministries.net/take-action.
- Obtain sponsorship funds to pay for your room, board, training and other expenses incurred while you are in 180 Ministries.
- If you qualify for Social Security Disability or receive child support, you must agree to contribute the entire amount towards your tuition, up to \$2,700.00 per month.
- Contribute any tax return money received to apply towards tuition up to \$2,700.00 per month.

If you have any questions after reading this or the following information you may call Linda Elliot, Intake Coordinator at 435-843-5602.

I _____ certify that I have read the "Cost of Program" letter and fully agree to help in any way that I am able.

*Scholarship opportunities may be available please let us know your financial barriers.

IMPORTANT INFORMATION

What is the 180 Ministries – Teen Challenge program?

180 Ministries – Teen Challenge is a 12-month, faith-based, residential program for life-controlling behaviors and addictions. We also provide an optional second year re-entry program for those wishing to transition back into society under our umbrella.

Who does 180 Ministries – Teen Challenge help?

Any woman 18 years of age or older who has a life controlling problem:

- Drug or alcohol habit: Consistent use and abuse
- Emotional problems: Problems that stem from drug, alcohol or other abuse. Others will be considered on an individual basis.
- Behavioral problems: Problems due to lack of taking responsibility, lack of self-discipline, lack of motivation, lack of self-esteem or laziness.

Women who are willing to enter the program voluntarily and are willing to change their present lifestyle. Women willing to accept a structured, disciplined Christian environment in order to overcome their problems.

We are UNABLE TO ACCEPT INDIVIDUALS WHO:

- Are on certain mood-altering medications.
- Have exhibited signs of psychotic behavior or dangerous tendencies.
- Have been convicted of a crime that is sexual in nature against a minor.
- Have a warrant for their arrest.
- Have court ordered probation requirements or classes that interfere with the structure or influence of the program.
- Have a known communicable disease.
- Have a medical condition that exceeds our ability to provide adequate attention.

What does the 180 Ministries – Teen Challenge program offer?

We are concerned with the “total person”. The program structure is aware of each person’s spiritual, mental, physical, social and educational needs.

SPIRITUALLY: 180 Ministries – Teen Challenge deals with the person’s problems as symptoms that relate to deeper problems and conflict. We believe that zeroing in on a person’s spiritual need is when and where healing in that life begins. Through faith in Christ, individuals find the changing power that gives the ability to cope with problems and live a more effective life.

MENTALLY: The rebuilding of the used and abused mind is of key importance. The consistent study of the Bible along with a Bible based life skills

curriculum are the tools used to enhance mental growth by serving as a foundation for the restructuring of broken down thought patterns, creating new, more stable ideas and principles.

PHYSICALLY: Our program provides an environment that includes shelter, food and basic needs as well as work, rest and recreation. As students begin to function in a drug free environment, physical health usually begins to improve greatly.

SOCIALLY: Through the benefits of a group living situation, students are taught the biblical perspective of relationships and conflict management, thus helping them to be more successful in relating to family, peers and authority.

TAKE SPECIAL NOTE

Withdrawal from drugs and alcohol is without medication and we highly recommend that you go through a detoxification before entering the program. Even if you feel you would fit into the program, we reserve the right to deny your application. Non-compliance with all steps or deceptive information constitutes grounds for denial of application.

180 Ministries-Teen Challenge reserves the right to search your belongings at any time. Periodic police drug searches may be conducted. Anyone found with drugs in their possession will be arrested by the police.

You will be required to abide by all rules in the Student Handbook. The Student Handbook is available online at 180ministries.net.

MESSAGE TO STUDENTS

We are pleased that you are considering 180 Ministries to begin your recovery from addiction. Coming into the program can be difficult at first. When drugs and alcohol wear off, and you find yourself away from all that's familiar a variety of emotions can be experienced. Feeling of anger, pain, guilt, homesickness, or even being trapped, can creep in on you. Experience tells us that once an individual passes through this initial struggle they will adjust to the program.

180 Ministries is a culture of responsibility. Our basic premise is that one must assume responsibility for her own life. You must own the responsibility for your thoughts, choices, and life patterns. Difficult experiences can contribute to life controlling addiction but cannot be a reason for remaining in addiction. Your negative experiences do not need to dictate your life. Regaining control of your life

begins when you allow God to change your heart and continues as you learn to live responsibly.

We believe that true change comes from what God can do on the inside of us. Teen Challenge is one of the most successful faith-based recovery programs in the world; we contribute our success to our foundation in faith. If you are interested in faith-based recovery, 180 Ministries is the place for you to overcome addiction and begin a new life.

A MESSAGE TO FAMILIES

Families will need to be strong. We must shut the door on every excuse to leave the program prematurely. As brave as the student may appear, fears of facing the challenge of changing their life is real. The family's instinct is to relieve pain, but there's no growth without it. 180 Ministries must have the family's support throughout the process of change. We ask that you encourage them to stay the course and refuse to support a departure from the program.

When you have questions about what is communicated to you from your student through phone calls or letters, please contact us.

REQUIREMENT FOR INDUCTION

Complete and sign 180 Ministries application and all enclosed forms.

Upon completion of filling out the application we will require a personal or phone interview. Upon acceptance, an entry date will be set contingent on available bed space.

Monthly Costs

\$2,700 – Monthly Tuition cost per student. (This is what it costs us monthly to house, feed, and train each woman in the program.) First month's tuition is nonrefundable. Money may be raised by using the sponsorship forms attached and included in the application paperwork. Funds may be raised through family, friends, church, etc.

\$500 – Nonrefundable deposit.

\$30 – Emergency fund money to be used for doctor's visits, etc.

The deposit and recurring tuition payments are to be paid online through the donate portion of www.180ministries.net/take-action. Emergency fund money must be received by cash only. The emergency fund money will be maintained by staff, as 180 women are not allowed to keep funds on their person.

In addition to the fees required you MUST arrive with the following:

1. Physical exam – A completed physical form. Results are acceptable within 90 days.
2. Social Security Card and Picture ID
3. Medicaid card (We help secure Medicaid and doctor's visits as necessary) or another medical/dental card that is applicable.
4. Copy of marriage certificate (if married). This is required for visitation and off-campus passes with a spouse.
5. All legal papers that you are currently working with. (All legal situations past and present must be made known to the staff prior to acceptance. You will not be considered for entry if you have outstanding warrants. Pending hearings, trial, probation, or other obligations requiring your personal appearance that are deemed conflicting with the program may result in disqualification for entry.)
6. Personal items as listed.
7. Sponsorship forms for the remainder of the year.

PERSONAL ITEMS TO BRING

- Bible (if you have a personal one, otherwise we will provide a Bible)
- Notebooks, journal, paper, pens, pencil and highlighters
- Postage stamps, notecards and envelopes
- Clear water bottle
- Pictures of immediate family
- Clothing for church, class, work duties and leisure.

- Suggested examples to pack:
 - a) 2 pairs of dress pants
 - b) 2 Dress shirts
 - c) 1 pair of black dress shoes
 - d) 10 Underwear, 3 bras, 10 socks
 - e) 2 Jeans
 - f) Leggings or jeggings
 - g) Capris or appropriate length shorts
 - h) Activewear physical activity (2 outfit)
 - i) 5 T-shirts (no profanity, alcohol/drug ads, skull, bands)
 - j) 5 Sweaters

- k) 1 Sneakers
- l) 1 Sandals/snow boots
- m) 2 pairs Modest pajamas & Bathrobe
- n) 1 Jacket(s)
- o) 1 Coat
- Toiletries/Makeup
- Wind up Watch
- Book light
- 1 one-piece Swimsuit

A student may **only bring 2 suitcases** or boxes or bags of any kind with her when she enters the program.

All straps on shirts must be at least 2 inches wide. Slits in skirts may not be more than 2" above the bottom of the knee. If wearing leggings or jeggings, you must wear a shirt that is covers your backside. We expect our students to dress modestly while in the program.

When packing please take into consideration that closet space is very limited. Laundry is done once per week so not more than a week's worth of clothes should be brought. Laundry detergent is supplied by 180 Ministries.

Towels and bedding are provided by 180 Ministries also.

DO NOT BRING THE FOLLOWING ITEMS

Food, candy, CD's, radio, tobacco products, cellular phones, pictures of adult of the opposite sex who are not immediate family, knives or mace, alcohol or anything containing alcohol (including mouthwash).



180 MINISTRIES

TEEN CHALLENGE OF THE ROCKY MOUNTAINS

RELEASE OF RESPONSIBILITY

Read each statement and initial. Your initial and signature at the bottom of this page indicates you have read and agree to accept these policies. Also, have a witness signature.

_____ I understand that 180 Ministries cannot and will not be responsible for any of my personal property that is left, lost or stolen while in the Teen Challenge program. When leaving 180 Ministries, I will take all my personal property with me.

_____ I also understand that I release to 180 Ministries the right to make searches of personal belongings and conduct a personal frisk if need be.

_____ 180 Ministries reserves the right to search your belongings at any time. Police drug dog searches may be conducted. Anyone found with drugs in their possession will be arrested by the police.

_____ I also understand that I may be required to conduct a drug and/or nicotine urine test at any time during the program.

_____ I release 180 Ministries from all responsibility both physical and financial, in case of accident, injury, or illness, or other imponderable misfortune.

_____ I give 180 Ministries permission to open and check both incoming and outgoing mail for drugs and anything else that they believe might be harmful to the welfare of the program, myself and the other residents. I understand that all phone calls made or received by me may be screened and monitored.

_____ I understand that 180 Ministries can limit my phone calls and mail to immediate family only.

_____ I understand that a physical, a TB skin, HIV, pregnancy and RPR tests and hepatitis panel will be required prior to entering the program.

_____ 180 Ministries does not discriminate against those who are HIV+ in its admission procedures. Because a large number of IV drug users have been infected by the HIV virus, at any given time there may be students in the program that are HIV+. This center does not require students who are HIV+ to notify other students in the program of their HIV status.

_____ I have read the "Student Handbook" manual and agree to comply with these standards and procedures.

_____ Student application fees, first month's tuition and medical test costs are nonrefundable.

Student's Signature

Date

Witness Signature

Date



180 MINISTRIES

812 Bates Canyon Rd
Erda, Utah 84074
435-843-5602

Dear Potential Sponsor

_____ has applied for entry into the 180 Ministries for Women program. This Adult/Teen Challenge program is a residential program for individuals with life controlling problems such as drug and/or alcohol addiction and abuse. To see more information about our program you may go to 180ministries.net.

Adult/Teen Challenge is an international, non-denominational, faith-based program. It is a nationally accredited program which is financially an entity of its own and governed by a local Board of Directors. It is not underwritten by any organization or agency. Adult/Teen Challenge is registered under 501c3 allowing all sponsorship donations to be tax deductible.

Each student is asked to acquire sponsors to underwrite cost of the program. This shows her interest and desire in seeking rehabilitation. Sponsors can be family, friends, churches, businesses or other concerned individuals. It costs approximately \$2,700.00 per month to maintain a student in the program. We depend on each student and her family to assist us in securing her portion of this cost.

If you are interested in investing in a life, please indicate on the sponsorship form below your commitment to 180 Ministries and return with payment to the above address.

Name _____ Address _____ City _____

State _____ Zip _____ Phone () _____

Email _____

I will give \$ _____ Monthly _____ One Time Gift _____ for _____

while she is in the program. Future monthly payments can be set up online at

www.180ministries.net/take-action.

Please enclose a check or call us with a credit card payment to reinforce your financial commitment.



SPONSORSHIP FORM

Name and address of prospective sponsors that sponsorship letters were given to:

Name _____ Relationship to Student _____

Address _____ City _____ State _____ Zip _____

Name _____ Relationship to Student _____

Address _____ City _____ State _____ Zip _____

Name _____ Relationship to Student _____

Address _____ City _____ State _____ Zip _____

Name _____ Relationship to Student _____

Address _____ City _____ State _____ Zip _____

Name _____ Relationship to Student _____

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